

KRISHNA M. PINNAMANENI, M.D., F.R.C.P.(C), F.A.C.P., F.A.C.E.
Endocrinology- Metabolism & Nuclear Medicine

Cardiac Stress Test

Pretest Preparation

- 1.) Patients should fast for at least 4 hours before adenosine testing, because potential side effects include nausea and vomiting.
- 2.) Ingestion of all foods and beverages containing caffeine must be stopped for at least 12 hours before the study. Patients taking long-acting aminophylline should discontinue its use 48-72 hours before the study. Note-Patients taking pentoxifylline (trental) need not discontinue this medication.
- 3.) If the patient has chronic obstructive pulmonary disease, a pulmonary function test is required before adenosine is administered.
- 4.) You will be attached with the ECG electrodes and leads
- 5.) Your blood pressure cuff will be on the patients arm.